



US ARMY GARRISON GRAFENWÖHR



Our main programs for the US Army:

**Sexual Health
Latent Tuberculosis
Surveillance and Treatment
Tobacco Cessation
Child and Youth Services**



US ARMY GARRISON GRAFENWÖHR



What is Sexual Health?

Intimate personal relationships free from coercion (force), violence, or risk of negative outcomes such as sexually transmitted disease or unplanned pregnancy



US ARMY GARRISON GRAFENWÖHR



STD 101

- ✓ Sexually transmitted diseases are diseases you can get by having sex - vaginal, oral, or anal - with someone who is already infected.
- ✓ STDs are caused by bacteria or viruses that are spread through blood, semen and vaginal fluids.
- ✓ Some STDs, like herpes and genital warts, are also spread simply by touching infected skin.

Anyone who has sex can get an STD



US ARMY GARRISON GRAFENWÖHR



STD 101

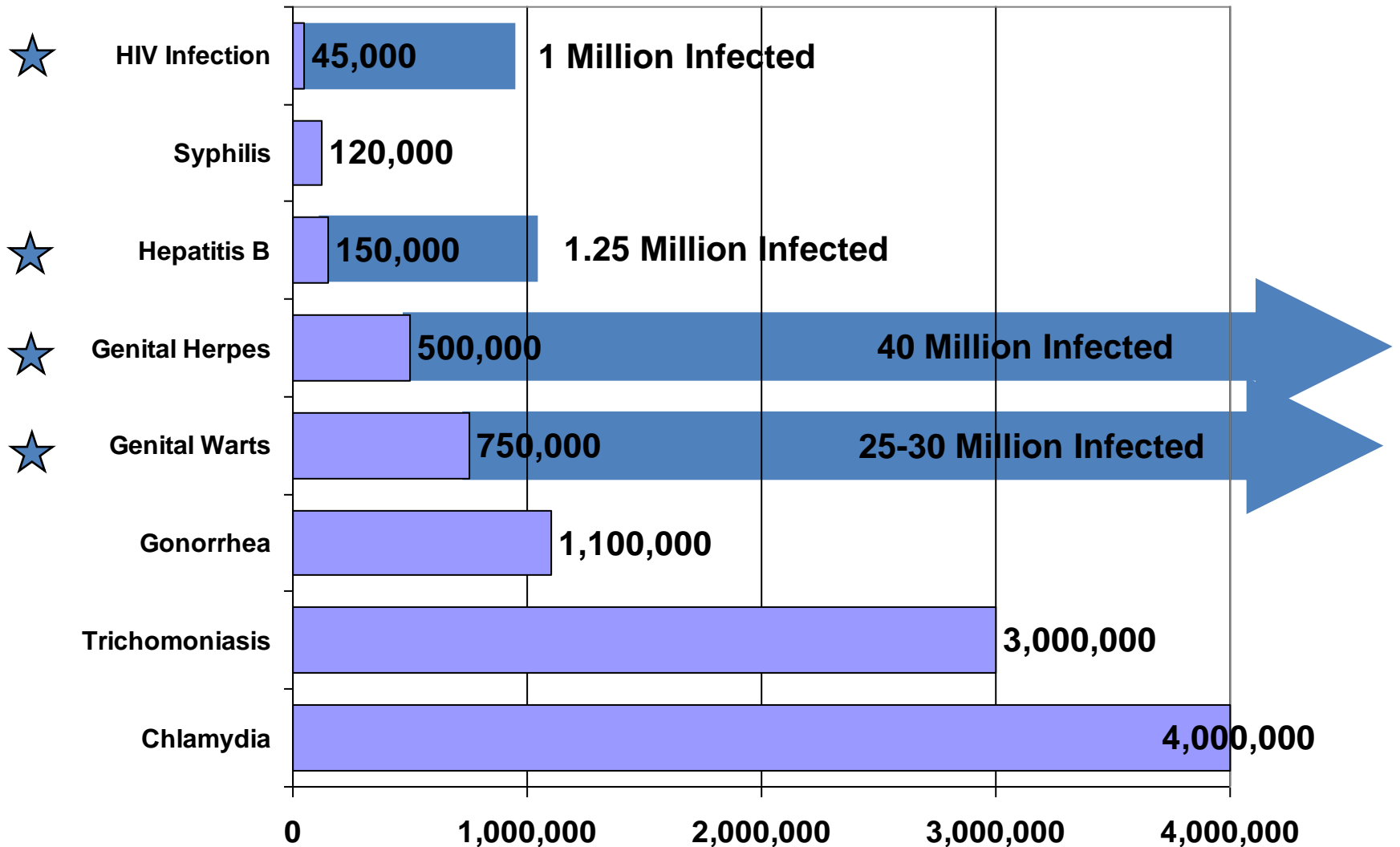
Bacterial versus Viral STDs:

Bacterial STDs—Treatable

Viral STDs—Controllable

Both are Preventable!

Most Common STIs in America



★ = No Cure



US ARMY GARRISON GRAFENWÖHR



Tobacco Cessation: CHILLING THOUGHTS

484,000 Americans have died from AIDS since
1981 to 2001

10,000,000 Americans have died from tobacco-
related disease in the same time period!

ODDS of dying early from tobacco use: 1 in 3

ODDS of dying in a car wreck: 1 in 6,200



US ARMY GARRISON GRAFENWÖHR



Men: Nicotine lowers testosterone level & constricts blood vessels leading to impotence

Women: can interfere with the ability to have an orgasm.

Women 30 to 39 years of age who smoke and take 'the pill' are ten times more likely to have a stroke or a fatal heart attack as non-smokers are.